

# Review Renew Revive

*A Comprehensive Series of  
Nurse Education Programs for Providers  
Throughout Northeastern North Carolina,  
and Tidewater Virginia.*

**August 7 - October 12**

**Education Center at  
Albemarle Health's  
Albemarle Hospital**



A University Health Systems Affiliate

1144 N. Road Street • Elizabeth City, NC

In an effort to provide a comprehensive educational opportunity for medical professionals in northeastern North Carolina, and Tidewater Virginia, Albemarle Health's Nurse Education Council presents the "Review, Renew, Revive" series. This extended conference is intended for all medical professionals, including: EMS, medical office staff, acute care nurses, long term care providers, transporters, and any other individuals who wish to strengthen their patient care skills.

The course is structured with one day of educational offerings per week, over the span of 10 weeks, so that no matter what your schedule is, some, if not all, of the courses will be accessible for you. On each day of course offerings, there will be multiple classes available to meet the needs of subspecialties including: critical care, intermediate care, medical/surgical care, perioperative care, emergency care, oncology, renal, and maternal/child healthcare. You may select one session that interests you, or you may choose to stay the entire day.

Each session will be CEU approved, and will count towards NC Licensure renewal, as well as certification renewal requirements. All programs are FREE, and will be held in the Education Center at Albemarle Hospital, a University Health Systems Affiliate.

## **Our Instructors**

**Debrah N. Hutto, RN, BSN**

*Albemarle Hospital Nurse Educator, Step Down Unit*

**Deborah A. Alger, RN, BSN, CPAN**

*Albemarle Hospital Nurse Educator, Surgical Services*

**Donna P. Chappell, RNC, BSN**

*Albemarle Hospital Nurse Educator, 2 South*

**Jodi L. Tunstall, RN, BSN, MSN**

*Albemarle Hospital Nurse Educator, Women's Center*

**Margaret S. Zirpoli, RN, BSN, CEN**

*Albemarle Hospital Nurse Educator, Emergency Department*

**Rebecca Corbell, RN, OCN**

*Albemarle Health NEC Group Education Coordinator*

**Shelia D. Duncan, RN, CCRN**

*Albemarle Hospital Nurse Educator, Intensive Care Unit*

**Patsy Evans, RN, BSN, CDE**

*Albemarle Hospital Diabetes Educator*

**Janette Whitley, RN**

*Albemarle Hospital Clinical Resource Coordinator, Pediatrics*

## August 7

9:00 - 11:00 a.m.

### **Coronary Plumbing: Cardiac Catheterization & Intervention**

*2.0 hr CEU*

Description: This inservice is designed to teach the healthcare provider the indications for, and value of, a cardiac catheterization. Cardiac catheterization and angiography are used to visualize the heart's chamber, valves, great vessels, and coronary arteries. These techniques are useful for obtaining pressure measurements to evaluate cardiac function and valve patency.

### **How to Mend a Broken Heart: Heart Failure**

*2.0 hr CEU*

Description: This inservice will define heart failure, including common signs and symptoms; list the treatments, including medications, for heart failure; and discuss heart failure core measure requirements.

### **Problems with Distribution: Emergency Care — Shock**

*2.0 hr CEU*

Description: The purpose of this course is to give healthcare providers important information about shock and shock states, including cardiogenic, hypovolemic, anaphylactic, and neurogenic. The pathophysiology, clinical signs and symptoms, and current trends in treatment are reviewed. Case studies highlight important components of patient assessment, diagnosis, and treatment.

## August 13

9:00 - 11:00 a.m.

### **Muscle Matters: Door-to-Drug AMI Protocol**

*2.0 hr CEU*

Description: This inservice is designed to teach about atypical and typical chest pain, and how to differentiate the two. It will also address the latest protocols for treatment of patient having an Acute Myocardial Infarction.

### **Circulation Complications: Peripheral Vascular Disease**

*2.0 hr CEU*

Description: This inservice is designed to provide the healthcare provider with basic information about peripheral vascular disease, and its complications — as well as selected surgical procedures.

9:00 a.m. - Noon

### **Drips, Drips, Drips — Every Drop Counts: Drug Calculations**

*3.0 hr CEU*

Description: This inservice is designed to identify various cardiac drugs, their uses, and how to calculate dosages based on physician orders.

## August 19

10:00 a.m. - Noon

### **To Air is Human: Mechanical Ventilation**

*2.0 hr CEU*

Description: The purpose of this inservice is to provide the healthcare provider with an increased understanding of respiration and how to effectively manage the care of a patient that is unable to breathe effectively on their own.

### **Cutting, Cautery, and Ventilation: Pulmonary Surgery**

*2.0 hr CEU*

Description: This inservice is designed to provide the healthcare provider with basic information about different types of pulmonary surgery. Chest tube care and maintenance will be discussed.

### **What Lies Beneath: Thoracic Trauma**

*2.0 hr CEU*

Description: This inservice is designed to help the healthcare provider quickly recognize a possible chest trauma, and administer life saving treatments. The course will also help the provider be able to classify the different types of chest trauma.

## August 27

9:00 - 11:00 a.m.

### **Nervous Network: Spinal Cord Injuries**

*2.0 hr CEU*

Description: This inservice is designed to teach the healthcare provider when to suspect spinal cord injury and care of patients in the acute care setting. Classifying spinal cord injuries, and understanding neurologic complications dealing with level of injury will be discussed.

9:00 a.m. - Noon

### **You Don't Have to be a Rocket Scientist ... Just a Brain Surgeon:**

#### **Intracranial Pressure**

*3.0 hr CEU*

Description: The purpose of this program is for participants to learn about intracranial pressure (ICP) and its effects on patient outcomes, and to include pathophysiology of intracranial pressure (ICP) and how an elevated ICP relates to a patient's clinical signs and symptoms.

#### **Hurting Hematology: Sickle Cell Disease**

*3.0 hr CEU*

Description: This course is designed to provide the participant with an overview of sickle cell disease, complications of sickle cell anemia, what can be done to help prevent complications, and management of the sickle cell patient.

## September 4

9:00 - 11:30 a.m.

### **Immuno-Invaders: Nursing Care of HIV/AIDS Patients**

*2.5 hr CEU*

Description: This program is designed to teach the basics of HIV, HIV disease progression, and HIV stages — along with the common conditions experienced by the person living with HIV/AIDS. This program also includes nursing assessment and interventions, and antiretroviral therapy.

### **Coagulation Complications: DIC**

*2.5 hr CEU*

Description: The purpose of this inservice is to teach the healthcare provider how to identify and manage patients with DIC.

9:00 a.m. - Noon

### **When the Filter Fails: Renal Failure**

*3.0 hr CEU*

Description: This course is designed to provide the participant with basic information about renal disease, its implications, complications, and treatments; and will provide information on end stage kidney disease, patient education issues, and common chemistry and renal lab values.

## September 14

9:00 - 11:00 a.m.

### **Everything Veins: Peripheral Access**

*2.0 hr CEU*

Description: This inservice will review venous anatomy and physiology related to the insertion of peripheral vascular access devices, specifically the catheter-over-the-needle, as well as criteria for selecting a vein, device, and gauge. Documentation guidelines and legal issues are also discussed.

### **Tubes, Stones & Surgical Knows: Urology**

*2.0 hr CEU*

Description: This inservice is designed to provide the healthcare provider with basic information about kidney stones and prostate disease. It will discuss selected surgical procedures, and the post-op care of the tubes that are unique to urology surgery.

### **Too Hot to Handle — or — Cool as a Cucumber: Heat & Cold Related Injuries**

*2.0 hr CEU*

Description: This in-service is designed to teach the healthcare provider the different types of heat and cold related injuries, and treatments associated with each.

## September 24

9:00 - 11:00 a.m.

**Toxic Alert: Common Drugs that Damage the Kidneys & Liver** *2.0 hr CEU*

Description: The purpose of this inservice is to inform healthcare providers about the common OTC, prescription, and herbal products that cause renal and liver toxicity, with an emphasis on patient populations at risk.

**Getting to Know Your Bleeds: GI Bleeds** *2.0 hr CEU*

Description: This inservice is designed to teach the health care provider when to suspect a GI bleed, and how to test and treat for a GI bleed.

**Stick It, PICC It, and Save It if It Clots: PICC Care and Dec clotting** *2.0 hr CEU*

Description: All about Peripherally Inserted Central Catheters. This inservice will teach the healthcare provider about PICC lines, including how to care for them, troubleshooting, preventing infection, and how to better advocate for patients in need of a PICC line.

## September 30

9:00 - 11:00 a.m.

**Beer, Banana Bags, and Benzos ... Oh My! Acute Alcohol Withdrawal** *2.0 hr CEU*

Description: This program will provide the healthcare providers with current clinical information on the treatment and management of patients experiencing acute alcohol or drug withdrawal.

**Sweet Stuff: Diabetes** *2.0 hr CEU*

Description: This session will present a basic overview of treatment targets and pharmacologic therapies for diabetes, as well as current trends for inpatient hyperglycemia and hypoglycemia. This session will present case studies to enhance participant learning.

**Recognizing Red Flags: Abuse & Neglect** *2.0 hr CEU*

Description: This inservice is designed to teach the healthcare provider when to suspect abuse and neglect of patients of any age, and when and to which agency to report it.

## October 8

8:00 - 10:00 a.m.

**Oncology Review: Neoplastic Disease** *2.0 hr CEU*

Description: This course is designed to provide the participant with an overview of the basic concepts of cancer, and to enhance the expertise, effectiveness, and confidence of healthcare providers who work with oncology patients.

**Battling the Blaze: Aftermath of Burns** *2.0 hr CEU*

Description: This inservice is intended to teach the health care provider how to recognize, stage, and treat burn victims.

10:30 a.m. - 12:30 p.m.

**The ABCs of Peds: Pediatric Assessment** *2.0 hr CEU*

Description: The purpose of this inservice is to provide the healthcare provider with a systematic approach to the basic pediatric assessment.

**Getting to Know You:**

**Maximizing Outcomes & Reducing Risks— Preoperative Assessment** *2.0 hr CEU*

Description: In the classic film, “The King and I,” Anna and the King of Siam were at odds with one another until they finally got to know each other. In this inservice, we will learn about “getting to know” our patients by discussing the physiological and psychosocial aspects of the preoperative assessment. The preoperative assessment involves collecting data in order to identify actual or potential problems that may occur in the perioperative setting for developing a plan of care to establish desired outcomes.

1:30 - 3:30 p.m.

**Keeping Your Cool in a Hot Situation: Malignant Hyperthermia**

*2.0 hr CEU*

Description: Malignant Hyperthermia (MH) is a rare, but potentially fatal, event that can occur immediately upon anesthesia induction, or hours postoperatively. Early recognition and intervention increase the chance of survival dramatically. This inservice will provide guidance for nurses assisting during a MH crisis.

Recognition of MH, the pathophysiology of MH, cooling measures, medications, diagnostic tests, and monitoring parameters will be reviewed.

**Shake, Rattle, & Roll: Seizures**

*2.0 hr CEU*

Description: The purpose of this inservice is to update healthcare provider's knowledge about identification, etiologies, treatment, and interventions for seizures, and the patients who have them.

## October 12

8:00 - 10:00 a.m.

**Strengthen Your Surgical Conscience: Aseptic Techniques**

*2.0 hr CEU*

Description: Do you have a conscience — a surgical conscience, that is? This program is designed to teach the healthcare provider the standards for aseptic technique, and how to maintain a sterile field. Having a surgical conscience and implementing procedures for sterile technique are key to preventing wound infections.

**The Joy ... and the Pain: Status Post-Cesarean**

*2.0 hr CEU*

Description: This inservice is designed to provide guidance for healthcare providers that will be giving care to the post C-section mom. Signs and symptoms of abnormal bleeding, fundal height, and medication affects will be discussed.

**Don't Eat That! Overdose & Poisoning**

*2.0 hr CEU*

Description: This inservice is designed to teach the healthcare provider when to suspect possible overdose and/or poisoning, and care associated with each within their treatment protocols

10:30 a.m. - 12:30 p.m.

**Ollie, Ollie in Free — You're Safe: Safety in the OR and Other Procedural Areas**

*2.0 hr CEU*

Description: Remember playing hide and seek as a child? Everyone could go home safe if the person who was "it" called "Ollie, Ollie in free." Don't get "caught" being unsafe; learn how to keep your surgical patient and yourself free from injury, so everyone can go home safely. This program will cover the universal protocol, fire safety, electrical safety, medication safety, pressure ulcers, hospital-acquired infections, and other risks along with prevention strategies.

**Surviving a Heartbreak: Fetal Demise**

*2.0 hr CEU*

Description: This inservice is to provide guidance for the healthcare provider that may have interactions with a mom or family that has recently suffered a fetal loss.

**What's Age Got to Do with It? Elderly Trauma**

*2.0 hr CEU*

Description: This inservice is designed to help the healthcare provider understand differences in trauma in the elderly, and how physical and mental changes may deceive an underlying and very serious problem.

**To register, please fill out the attached REGISTRATION FORM, and fax it to (252) 384-4584.**

**Or, mail it to: Albemarle Hospital, Education Department, 1144 N. Road Street, Elizabeth City, NC 27909.**

For more information, please call the Albemarle Hospital Education Department, at 384-4240.

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NAME

LICENSURE/CREDENTIALS

HOME ADDRESS

E-MAIL ADDRESS

EMPLOYER

WORK PHONE

HOME PHONE

CELL PHONE

### CHECK PROGRAMS YOU WISH TO ATTEND MARK ONLY ONE PER TIME SLOT!!

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- Problems with Distribution

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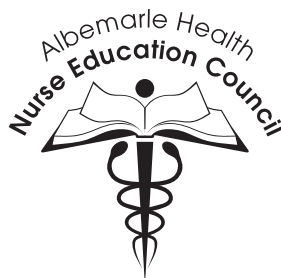
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